

## Scientific Highlights

Journal of Orthopaedics  
Pubmed Indexed- free for  
IKOF members

1. Eminent faculties in the field of Knee Arthroscopy.
2. Live Surgical Demonstration - Knee Arthroscopy.
3. Interactive session.
4. Hands on Workshop on 10<sup>th</sup> at 3.30 pm.



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Organized by Indo Korean Orthopaedic Foundation under the  
auspices of P.K.Surendran Memorial Education Foundation

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Dear Colleague,

We would like to invite you all for the 25th Biannual Meet **ARTHROCON** 2021, organized by the Indo Korean Orthopaedic Foundation (IKOF) and Prof. P. K. Surendran Memorial Education Foundation on 10th & 11th Apr 2021 at GMC Ortho Trust Auditorium, Calicut , Kerala.

This year's theme is "ADVANCES IN KNEE ARTHROSCOPY"

We are all well aware of the fact that the volume of arthroscopic knee surgeries have shown a rapid ascent in our state in the recent years. Till few years ago, all the arthroscopic cases were being referred to the nearby states. Now we are fully equipped to perform all types of arthroscopic procedures in our state. More and more young surgeons are now opting for subspecialization in arthroscopic surgery. This CME aims to keep ourselves up-to-date with the current developments and cutting edge technologies in the field of knee arthroscopic surgeries. The perfect blend of theoretical and practical elements with high scientific standard makes this a *not to be missed* event in the calendar of orthopaedic surgeons.

We have an interesting mix of live arthroscopic surgeries, lectures on controversial topics, case discussions and hands on workshop. Eminent and national master arthroscopic surgeons will share their wisdom of knowledge with us.



Dr. Swarnendu  
Samanta



Dr. Anant Joshi



Dr. Bhushan Sabnis



Dr. Sundar Rajan



Prof. Ye Yeon Won  
President IKOF

Prof. Dr. M. K. Raveendran  
Patron

Prof. Dr. Gopinathan  
Course Director

Dr. Anwar Marthya  
Chairman

Dr. Raju Karuppal  
Convenor

Dr. Nijith Govindan  
Co-Convenor

Dr. Sabin Surendran  
Organising Secretary

Dr. Nikhil  
Joint Secretary

Dr. Raashid  
Joint Secretary

Dr. Prince Shanavas Khan  
Joint Secretary

Dr. Prem Kumar  
Joint Secretary

Dr. Abdul Gafoor  
Joint Secretary

Dr. Sanjay George  
Joint Secretary

Dr. Mohammed Faisal  
Joint Secretary

Dr. Unnikrishnan I.P.  
Joint Secretary

Dr. Sujith Jose  
Joint Secretary

Dr. Mohammed Fazil V.V.  
Joint Secretary



# Advances in Knee Arthroscopy

Workshop on Knee Arthroscopy - 10/04/21 at 4PM, Malabar Palace

INAUGURATION & DINNER AT 7.30 PM on 10/04/2021, Malabar Palace



ARTHROCON Apr 2021 KNEE TOPICS

11/04/21 at 8.30AM

Arthrocon 2021..

## Updates in Knee arthroscopy:

### LIVE SURGERY

1. ACLR using BPTB – Tips and tricks
2. PCL avulsion injuries
3. Meniscal root repair – tips and tricks
4. Meniscal ramp repair – when and how?

### LIVE SURGERY

5. PF instability in children – Is it different?
6. PF instability in adults :
  - a. when to add TTO?
  - b. When to add trochleoplasty?
  - c. When to add lateral release?
  - d. How to make perfect tunnel for MPFL?

### LIVE SURGERY

7. Lateral extraarticular tenodesis (LET)– when and how?
8. ACL revision – planning and practice
9. Discoid meniscus with tear – how to give the best outcome ?
10. Radial tear in meniscus – tips and tricks for repair
11. Whats new in ACL surgery in 2021 !!
12. ACLR in paediatric injury – options in 2021

### LIVE SURGERY

13. Slope corrections in cruciate surgery – when and how ?
14. PLC reconstruction –when and how?
15. PMC reconstructions – when and how?

Number of delegates restricted to  
50 (Fifty) only First come first serve basis  
under strict Covid protocol

## Expected Faculties

Dr. Anant Joshi  
Dr. Swarnendu Samanta  
Dr. Sundar Rajan  
Dr. Bhushan Sabnis  
Dr. Schiller Jose  
Dr. Rajesh Purushothaman  
Dr. Pradeep Kumar  
Dr. Jyothi Prasanth  
Dr. C.V. Krishnakumar  
Dr. Rajanish

Dr. Bimal  
Dr. C.M. Krishnakumar  
Dr. Tony Kavalakattil  
Dr. Shanavas Kp  
Dr. Sreehari  
Dr. Faisal Kareem  
Dr. Faisal Iqbal  
Dr. Hasil  
Dr. Paul

Dr. Abdulla Khaleel  
Dr. Jawahar Aadiraja  
Dr. Sreejith  
Dr. Azar  
Dr. Sreeshob  
Dr. Sujay Nadhan  
Dr. Rijesh  
Dr. Anil John  
Dr. Sandeeo Vijayan





Indo Korean Orthopaedic Foundation  
인-한 정형외과 협회



## **ARTHROCON 2021** **ORTHO TRAINING COURSE 2021**



**ARTHROCON  
2021**

### **ARTHROCON 2021 ORTHO TRAINING COURSE**

## **25<sup>th</sup> Biannual Meet 2021**

Date : **10<sup>th</sup> & 11<sup>th</sup> April 2021**

Venue: **GMC Ortho Auditorium**

C.H. Cross Road, Nadakkavu, Calicut

Address for Correspondance

Prof. Dr. Gopinathan P, GMC Foundation, west Nadakkavu, Calicut - 673011

Ph: 09447059014, Mail: [gopinathan.p@gmail.com](mailto:gopinathan.p@gmail.com)

[www.ikof.org](http://www.ikof.org) | [www.jortho.org](http://www.jortho.org)



# ARTHROCON 2021

Organized by Indo Korean Orthopaedic Foundation under the  
auspices of P.K.Surendran Memorial Education Foundation,  
GMC Ortho Trust & Dept. of Orthopaedics Iqraa Hospital, Calicut  
On 10th & 11th April 2021 at GMC Auditorium, Calicut



## REGISTRATION FORM

\*First Name: \_\_\_\_\_ \*Surname: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ \*City \_\_\_\_\_ \*Pin Code: \_\_\_\_\_

State: \_\_\_\_\_ Country: \_\_\_\_\_

\*Contact details : \*Mobile: \_\_\_\_\_

Medical Council Registration number: \_\_\_\_\_

\*Email (Please mention active Email ID): \_\_\_\_\_

Meal preference: Veg / Non Veg \_\_\_\_\_

Registration Category : up to Apr 01, Consultants - Rs. 2000 / - [ ] Pgs Rs. 1000 / - [ ]

up to Apr 09, Consultants - Rs. 2500/- [ ] Pgs Rs. 1500 / - [ ] Workshop 500/- [ ]

<b>SPOT REGISTRATION</b>  <b>₹ 3000/-</b>	Payment by bank transfer	Name of Account: <b>INDO KOREAN ORTHOPAEDIC FOUNDATION</b>	
		Name of Bank: <b>CANARA BANK</b>	
		A/c No. <b>2772101007990</b> , IFSC Code: <b>CNRB0002772</b>	
		Send the details by E-mail to <a href="mailto:gopinathan.p@gmail.com">gopinathan.p@gmail.com</a> , or <a href="https://api.whatsapp.com/send?phone=9447059014">9447059014</a>	

OR

Mode of Payment: Cheque/DD No. \_\_\_\_\_ Dated \_\_\_\_\_ Drawn on \_\_\_\_\_

Amount \_\_\_\_\_ DD \_\_\_\_\_

in favour of **Indo Korean Orthopaedic Foundation (IKOF)** payable at Calicut. \_\_\_\_\_

Please send duly filled Registration Form along with DD/ Cheque as [9447059014](https://api.whatsapp.com/send?phone=9447059014)

**Professor Dr. P Gopinathan GMC Foundation**

west Nadakkavu, Calicut - 673011

Ph: 9447059014, Mail: [gopinathan.p@gmail.com](mailto:gopinathan.p@gmail.com)

• **\*Conference registration is mandatory for attending this programme** •

For accomodation please contact: Dr. Gopinath, Mob: 9447059014