



Indo Korean Orthopaedic Foundation
인-한 정형외과 협회



ARTHROCON 2022

INTERNATIONAL SHOULDER SYMPOSIUM



ARTHROCON 2022

INTERNATIONAL SHOULDER SYMPOSIUM

26th Annual Meet 2022

Date : **08th MAY 2022**

Venue: **GMC ORTHO AUDITORIUM**

CH Cross Road, East Nadakavu, Kozhikode, Kerala 673001

Address for Correspondance

Prof. Dr. Gopinathan P, GMC Foundation, west Nadakkavu, Calicut - 673011

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www.ikof.org | www.jortho.org

Dear Colleague,

We would like to invite you all for the 26th Annual Meet **ARTHROCON 2022**, organized by the Indo Korean Orthopaedic Foundation (IKOF) and Prof. P. K. Surendran Memorial Education Foundation on 8th May 2022 at GMC Ortho Auditorium, Calicut, Kerala.

This year's theme is "ADVANCES IN SHOULDER ARTHROSCOPY"

We are all well aware of the fact that the volume of arthroscopic Shoulder surgeries have shown a rapid ascent in our state in the recent years. Till few years ago, all the arthroscopic cases were being referred to the nearby states. Now we are fully equipped to perform all types of arthroscopic procedures in our state. More and more young surgeons are now opting for subspecialization in arthroscopic surgery. This CME aims to keep ourselves up-to-date with the current developments and cutting edge technologies in the field of Shoulder arthroscopic surgeries. The perfect blend of theoretical and practical elements with high scientific standard makes this a *not to be missed* event in the calendar of orthopaedic surgeons.

We have an interesting mix of live arthroscopic surgeries, lectures on controversial topics, case discussions and hands on workshop. Eminent, International & national master arthroscopic surgeons will share their wisdom of knowledge with us.



PROF. YE YEON WON
President IKOF



DR. SUNDAR RAJAN



Prof. Joo Han Oh



DR. DEEPAK BHATIA



DR. R.A. CHIDAMBARAM



DR. ROSHAN WADE



DR. SENTHIL VELAN



**DR. SWARNENDU
SAMANTHA**



DR. VIVEK PANDEY

Prof. Dr. M. K. Raveendran
PATRON

Dr. Mohammed Fazil V.V.
CO. CONVENOR

Prof. Dr. Gopinathan
CHAIRMAN

Dr. Raju Karuppall
CO. CONVENOR

Dr. Anwar Marthya
CONVENOR

Dr. Sibin Surendran
ORGANISING SECRETARY

Joint Secretaries

Dr. Abdul Gafoor P.M.
Dr. Mohammed Faisal
Dr. Nikhil
Dr. Prem Kumar

Dr. Prince Shanavas Khan
Dr. Raashid
Dr. Rajanish
Dr. Sanjay George

Dr. Sharfudheen Mammu
Dr. Sujith Jose
Dr. Unnikrishnan
Dr. Vijay Krishnan

Advances in Shoulder Arthroscopy

Venue:
GMC ORTHO AUDITORIUM



ARTHROCON 2022- Updates in SHOULDER Arthroscopy:

08/05/22 at 8.30AM

INSTABILITY :

1. Bony Bankart - tips to succeed ?
2. HAGL and Reverse HAGL – diagnosis and management?
3. Posterior labral tears with paralabral cysts – when and how to treat?
4. Multidirectional instability : diagnosis and treatment algorithm
5. Failed Bankart's repair – how to proceed?
6. Open Latarjet procedure – tips for success
7. Remplissage – when and how ?
8. SLAP tears – consensus in 2022

LIVE SURGERY 1

ROTATOR CUFF:

1. Partial Thickness Cuff Tears - Debride vs Fix?
2. Subscapularis repair - make it less intimidating !
3. Cuff tear pattern recognition and repair technique
4. Rotator Cuff Repair: Tips for Difficult (Massive) Tear
5. Pseudoparalytic shoulder – how to approach?
6. Scapular dyskinesia – diagnosis and management
7. Biceps issues – how to handle in 2022
8. Biceps SCR for massive cuff tears

LIVE SURGERY 3

ACROMIOCLAVICULAR JOINT :

1. Horizontal Instability of the AC Joint - Recognize and Treat
2. Acute and chronic ACJ instability - how I treat?

LIVE SURGERY 2

LIVE SURGERY 4

Number of delegates restricted to 100 (Hundred) only
First come first serve basis under strict Covid protocol

Scientific Advisors

Dr. Abdulla Khaleel
Dr. Azar
Dr. Faisal Iqbal
Dr. Faisal Kareem
Dr. Hasil
Dr. Hithesh Gopalan
Dr. Jawahar Aadiraja
Dr. Jhon T Jhon
Dr. Jyothi Prasanth
Dr. Khyas

Dr. Krishnakumar C.M.
Dr. Krishnakumar C.V.
Dr. Moidu Shameer
Dr. Namdev
Dr. Nijith Govindan
Dr. Pradeep Kumar
Dr. Prathap Kumar K R.
Dr. Prem Haridas
Dr. RajeshPurushothaman
Dr. Rijesh

Dr. Sameer Ali
Dr. Sandeep Vijayan
Dr. Schiller Jose
Dr. Shameem
Dr. Shanavas K.P.
Dr. Sreehari
Dr. Sreejith
Dr. Sreeshob
Dr. Sujay Nadhan

**Scientific
Highlights**

Journal of Orthopaedics
Pubmed Indexed- free for
IKOF members

1. Eminent faculties in the field of Shoulder Arthroscopy.
2. Live Surgeries Shoulder Arthroscopy.
3. Interactive session.
4. Lunch time workshops.



Y-Knot™ RC

**Self Punching All-Suture
Anchor System**

With strong fixation and a simple, self-punching technique, Y-Knot® RC anchors help overcome the trade-offs of traditional rotator cuff anchors while the NEW HI-FIX® Tape and HI-FIX® Suture have been shown^{1,2} to reduce abrasion and tendon tear-through.



Y-Knot™ Flex

All-Suture Anchors for Instability

The Y-Knot® Flex System for labral and capsular-based repairs helps improve surgical flexibility and access with small, all-suture anchors that deliver secure fixation with up to 80% less bone removal.





ARTHROCON 2022

Organized by Indo Korean Orthopaedic Foundation under the
auspices of P.K.Surendran Memorial Education Foundation,
GMC Ortho Trust & Dept. of Orthopaedics Iqraa Hospital, Calicut
On 8th May 2022 at GMC Ortho Auditorium, Calicut
CH Cross Road, East Nadakavu, Kozhikode, Kerala 673001



Indo
Korean
Orthopaedic
Foundation

REGISTRATION FORM

*First Name: _____ *Surname: _____

Address: _____

_____ *City _____ *Pin Code: _____

State: _____ Country: _____

*Contact details : *Mobile: _____

Medical Council Registration number: _____

*Email (Please mention active Email ID): _____

Meal preference: Veg / Non Veg _____

Registration Category : up to May 01, Consultants - Rs. 2000 / - [] Pgs Rs. 1000 / - []

up to May 4, Consultants - Rs. 2500/- [] Pgs Rs. 1500 / - []



Payment
by bank
transfer

Name of Account: **INDO KOREAN ORTHOPAEDIC FOUNDATION**
Name of Bank: **CANARA BANK**
A/c No. **2772101007990**, IFSC Code: **CNRB0002772**
Send the details by E-mail to gopinathan.p@gmail.com, or [9447059014](https://api.whatsapp.com/send?phone=9447059014)

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Mode of Payment: Cheque/DD No. _____ Dated _____ Drawn on _____

Amount _____ DD _____

in favour of **Indo Korean Orthopaedic Foundation (IKOF)** payable at Calicut.

Please send duly filled Registration Form along with DD/ Cheque as



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Professor Dr. P Gopinathan GMC Foundation

west Nadakkavu, Calicut - 673011, Ph: 9447059014, Mail: gopinathan.p@gmail.com

• *Conference registration is mandatory for attending this programme •

For accomodation please contact: Muhammed Shaz, Mob: 8714109920