

Indo Korean Orthopaedic Foundation
ARTHROCON 2023

LIVE SURGERIES



Scientific Highlights

Journal of Orthopaedics
Pubmed Indexed- free for IKOF members

1. Eminent faculties in the field of Knee Arthroscopy & Knee Preservation
2. Live Surgeries Knee Arthroscopy & Knee Preservation
3. Interactive session.
4. Lunch time workshops.
5. PG - Poster Presentation Knee Arthroscopy & Knee Preservation



Y-Knot™ RC

Self Punching All-Suture Anchor System

With strong fixation and a simple, self-punching technique, Y-Knot® RC anchors help overcome the trade-offs of traditional rotator cuff anchors while the NEW Hi-Fit™ T and Hi-Fit™ Suture have been shown 1,2 to reduce abrasion and tendon tear-through.

Y-Knot™ Flex

All-Suture Anchors for Instability

The Y-Knot® Flex System for labral and capsular-based repairs helps improve surgical flexibility and access with small, all-suture anchors that deliver secure fixation with up to 80% less bone removal.



VENUE



Address for Correspondance
Prof. Dr. Gopinathan P, GMC Foundation, west Nadakkavu,
Calicut - 673011, Ph: 09447059014, Mail: gopinathan.p@gmail.com

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Indo Korean Orthopaedic Foundation
인-한 정형외과 협회
ARTHROCON 2023



ADVANCES IN KNEE ARTHROSCOPY AND KNEE PRESERVATION

EXPLORE
What's Next

PG - Poster
Presentation

save
YOUR
DATES

IKOF
**ARTHROCON
2023**

'LEARN THE LATEST'

**ARTHROCON 2023
INTERNATIONAL SYMPOSIUM
(KNEE ARTHROSCOPY & KNEE PRESERVATION)**

28th Annual Meet 2023

Date : **23RD APRIL 2023**

Venue: **GMC FOUNDATION ORTHO HOSPITAL AUDITORIUM**
CH Cross Road, East Nadakkavu, Kozhikode, Kerala 673001

www.ikof.org | www.jortho.org

Organized by Indo Korean Orthopaedic Foundation
under the auspices of P.K.Surendran Memorial Education Foundation

We would like to invite you all for the 28th Annual Meet 2023, organized by India Korean Orthopedic Foundation (IKOF) and Pro.PK.Surendran Memorial Educational Foundation on April 23rd, 2023 at GMC Foundation Ortho Hospital Auditorium, Calicut, Kerala. The theme for this year meet is "KNEE ARTHROSCOPY & KNEE PRESERVATION".

This symposium aims to cover practically relevant topic in the field of Knee Arthroscopy along with live surgeries, panel discussion on difficult cases and hands on workshop. Eminent national and international master knee surgeons will be sharing their wisdom of knowledge with us.

Indo Korean Orthopedic Foundation aims to develop a podium for interaction of ideas and techniques in Orthopedics. The foundation is giving fellowship training to excel in the state of art techniques in orthopedic surgery.

Prof. Ye-Yean Won is the president of Indo Korean Orthopedic Foundation.

We hope to see you all on April 23rd, 2023 at GMC Foundation Ortho Hospital Auditorium.



Prof. YE YEON WON
President IKOF



Prof. Dr. BANCHA
CHERNCHUJITT
Thailand

Expected Faculties

Dr. Roshan Wade
Dr. Sundarrajan
Dr. Subramanian
Dr. Vivek Pandey
Dr. Karthik Selvaraj
Dr. Sugavanam
Dr. Namdev
Dr. Rajeev Raman
Dr. Sandeep Vijayan
Dr. Rex
Dr. Premharidas
Dr. Rajkumar Amaravathi

Organisers

PATRONS

Prof. Dr. M. K. Raveendran
Dr. V K Rajan
Dr. Hareendranath

CHAIRMAN

Prof. Dr. Gopinathan

COURSE DIRECTOR

Dr. Sibin Surendran

CONVENOR

Dr. Anwar Marthya

CO. CONVENOR

Dr. Raju Karuppal

ORGANISING SECRETARIES

Dr. Mohammed Fazil V.V.
Dr. Abdul Gafoor P.M.

Joint Secretaries

Dr. Azar
Dr. Hizam Naseef E.A.
Dr. Jyothi Prasanth
Dr. Krishnakumar C.M.
Dr. Mohammed Faisal
Dr. Moidu Shameer
Dr. Nikhil
Dr. Prem Kumar

Dr. Prinace Shanavas Khan
Dr. Raashid
Dr. Rajanish
Dr. Sanjay George
Dr. Shameem
Dr. Shanavas K.P.
Dr. Sharfudheen Mammu
Dr. Sreejith

Dr. Sreehari
Dr. Sreeshob
Dr. Sujith Jose
Dr. Unnikrishnan
Dr. Vijay Krishnan
Dr. Shakkir

Organising Committee

Advanced Concepts in
KNEE ARTHROSCOPY & KNEE PRESERVATION

Venue:
GMC Foundation
Ortho Hospital Auditorium

ARTHROCON 2023 - Topics

23.04.2023 at 8.30AM

Meniscus

- Inside out repair : tips for success
- All inside repair : tips for success
- Medial meniscus root repair: when & How ?
- Lateral meniscus root repair: when & How ?

Live Surgery

Revision ACL :

- Revision ACL - How I Plan?
- What is the right graft choice - when & why?
- When to address slope -when & how?
- When to add LET - when & how?

Live Surgery

Patellofemoral Session:

- MPFL reconstruction - when & how?
- Tibial tubercle osteotomy - when & how?
- Trochleoplasty - when & how?
- Patellofemoral cartilage algorithm - when & how?

Live Surgery

Knee Preservation:

- OATS - when & how?
- Microfracture - when & how?
- Medial open wedge high tibial osteotomy: when & How?
- Lateral closing wedge high tibial osteotomy : when & how?
- Distal femoral osteotomy : when & how?

Live Surgery

Knee Collaterals:

- Posteromedial reconstruction : when & How?
- Posterolateral reconstruction : when & How?

[PG - POSTER PRESENTATION]

Scientific Advisors

Dr. Abdulla Khaleel
Dr. Hasil
Dr. Hithesh Gopalan
Dr. Jacob Mathew
Dr. Jawahar Aadiraja
Dr. John T John

Dr. Khyas
Dr. Krishnakumar C.V.
Dr. Kumaran C.M.
Dr. Nijith Govindan
Dr. Pradeep Kumar
Dr. Rajesh Purushothaman

Dr. Rijesh
Dr. Sameer Ali
Dr. Tony Kavalakkatt
Dr. Sudheer Shareef
Dr. Sujay Nadhan

Number of delegates
restricted to 100
(Hundred) only
First come first serve
basis under strict
Covid protocol

Last Date For PG Poster Abstracts Submission April 15th (In 100 Words)
Abstract may be Submitted to the Email Or Whatsapp
gopinathan.p@gmail.com, 9447059014



ARTHROCON 2023

Organized by Indo Korean Orthopaedic Foundation under the
auspices of P.K.Surendran Memorial Education Foundation
On 23rd April 2023
at GMC Foundation Ortho Hospital Auditorium, Calicut
CH Cross Road, East Nadakavu, Kozhikode, Kerala 673001



REGISTRATION FORM

ADVANCES IN KNEE ARTHROSCOPY AND KNEE PRESERVATION

*First Name: _____ *Surname: _____

Address: _____

_____ *City _____ *Pin Code: _____

State: _____ Country: _____

*Contact details : *Mobile: _____

Medical Council Registration number: _____

*Email (Please mention active Email ID): _____

Meal preference: Veg / Non Veg _____

Registration Category :up to April 10, Consultants - Rs. 2500 /- [] Pgs Rs. 1500 /- []

up to April 21, Consultants - Rs. 3000/- [] Pgs Rs. 2000 /- []

SPOT
REGISTRATION

₹ 4000/-

Payment
by bank
transfer

Name of Account: **INDO KOREAN ORTHOPAEDIC FOUNDATION**
Name of Bank: **CANARA BANK**
A/c No. **2772101007990** , IFSC Code: **CNRB0002772**
Send the details by E-mail to gopinathan.p@gmail.com, or [9447059014](tel:9447059014)

Last Date For PG Poster Abstracts Submission April 15th (In 100 Words)
Abstract may be Submitted to the Email Or Whatsapp gopinathan.p@gmail.com, [9447059014](tel:9447059014)

Mode of Payment: Cheque/DD No. _____ Dated _____ Drawn on _____

Amount _____ DD _____

in favour of **Indo Korean Orthopaedic Foundation (IKOF)** payable at Calicut.

Please send duly filled Registration Form along with DD/ Cheque as

Professor Dr. P Gopinathan
GMC Foundation

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Ph: 9447059014

Mail: gopinathan.p@gmail.com

 Google Pay
+91 7907249067

SCAN TO PAY



UPI ID: [noweenngopieath@okaxis](https://pay.google.com/gp/app/u?u=noweenngopieath@okaxis)

• *Conference registration is mandatory for attending this programme •

For accomodation please contact: Muhammed Shaz, Mob: 8714109920